

Saturday 12 September 2026

1. **ORGANISING AUTHORITY** is Restronguet Sailing Club.

2. **RULES**

- The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2025 – 2028*.
- Rule 29.2 will be changed to start recalled classes after all other classes.
- Class Rules for the applicable classes will apply.

3. **ELIGIBILITY AND ENTRY**

- The regatta is open to all boats of the classes listed below.
- Eligible boats may enter by completing the entry form and sending it to the Race Committee, with the entry fee.
- Entries can be made on the water by giving completed forms to the entry boats or sent before 10th September to gilliantaylor2007@gmail.com.
- Entrants under 16 years of age shall provide written permission from parent/guardian.

4. **ENTRY FEES**

The entry fee is £10.00, under 18's are free.

5. **SCHEDULE OF RACES** – Warning Signal for Race No. 1 will be at 16.54 (4.54 pm).

Restarts for Races 1, 2 & 3 will be at 1709. All other races will restart at 1730.

Race No.	Class	Start Time	Course [rounds]	Course Colour
1	Pico (Point/Penpol & Archer Trophy) 2 handed & single handed Mirrors (Vage Trophy)	1700	2	GREEN
	Optimist	1700	1	
2	ILCA/Laser Class (Warrac Trophy)	1703	3	GREEN
3	St Mawes One Design (Allen Trophy) Handicap Dinghies (Penpol & Firefly Trophy)	1706	3	GREEN
4	EMPTY START	1709	3	GREEN
5	Shrimpers (Reg Mitchell Trophy)	1712	3	ORANGE
6	Asymmetric Dinghies (John Ellicott Trophy)	1715	3	GREEN
7	Handicap Yachts (Kingsley Cruise Trophy)	1718	3	ORANGE
8	Sunbeams (Adshead Trophy)	1721	3	ORANGE

	Gaffers (Charlie Trebilcock Trophy) Ajaxes (Yacht Care Co Cup) Rustlers/Pipers Any other Dayboats			
9	Working Boats 25ft & over (Gill Trophy)	1724	3	ORANGE
10	Working boats under 25ft (Sir Roland Smith Trophy)	1727	3	ORANGE

6. **SAILING INSTRUCTIONS** are available at POFSA Member Clubs, from the Regatta Sailing Secretary (see below for address) and on Point Quay on the day of the Regatta.
7. **COURSE AREA** will be entirely in Restranguet Creek.
8. **COURSES** to be sailed will be detailed in the Sailing Instructions.
9. **PENALTY SYSTEM.** Rules 44.1 and 44.2 are changed to require only 1 turn, including one tack and one gybe.

10. RISK STATEMENT

- a. The responsibility for a boat's decision to participate in a race or to continue racing is the boat's alone.
- b. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
 - i. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
 - ii. They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore.
 - iii. They accept responsibility for any injury, damage or loss to the extent caused by their own action or omission.
 - iv. Their boat is in good order, equipped to sail in the event and they are fit to participate.
 - v. The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
 - vi. The provision of safety boat cover is limited to such assistance particularly in extreme weather conditions, as can be practically provided in the circumstances.
 - vii. They are responsible for ensuring that their boat is equipped and sea worthy so as to be able to face the extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and is in date and is familiar to the crew.

11. **INSURANCE** - each participating boat shall be insured with valid third party liability insurance with a minimum cover of £3 million at all times and shall continue to do so whilst engaged in racing under this Notice of Race. Competitors must sign on the entry form to confirm insurance is in place at the time of racing.
12. **FURTHER INFORMATION** – for further information please contact the Regatta Sailing Secretary, Gill Taylor gilliantaylor2007@gmail.com 07712 047282
13. **WhatsApp GROUP** – updates on the day of the regatta will be sent via this WhatsApp group. To join the group, please scan this QR code using your mobile phone camera.



www.pointandpenpollregatta.co.uk

<https://www.restronguetsc.org/>

August 2026