

SAILING INSTRUCTIONS FOR FLUSHING VILLAGE REGATTA

SATURDAY 1st August 2026

The Organising Authority is Flushing Sailing Club. The Regatta is governed by rules as defined in the Racing Rules of Sailing 2025-2028, Class Rules, the Falmouth Harbour Byelaws, the FVR Notice of Race and these Sailing Instructions.

High Water: 19.59hrs BST (5.0m)

Low Water: 14.16hrs BST (0.9m)

1.0 SCHEDULE OF RACES

FLAG	CLASS	TIME	START
	Warning Signal	13.45hrs	FSC Club Line
P	Preparatory Signal	13.50 hrs	FSC Club Line
Q	IRC Yachts (IRC 0.986 and above)	13.55 hrs	FSC Club Line
E	IRC Yachts (IRC -0.881-0.985 and below)	14.00 hrs	FSC Club Line
U	IRC Yachts (IRC 0.880 and below)	14.05 hrs	FSC Club Line
W	YTC Yachts	14.10 hrs	FSC Club Line
V	Sunbeams	14.15 hrs	FSC Club Line
G	Handicap Gaffers	14.20 hrs	FSC Club Line
R	Mirrors	14.30 hrs	FSC Club Line
B	Large Working Boats	14.30 hrs	Inner Harbour start
C	Small Working Boats	14.35 hrs	Inner Harbour start

1.2 CLASS FLAGS MUST BE DISPLAYED on all yachts competing in Classes Q, E, U, G, B and C.

1.3 HANDICAPS IRC yachts maybe asked for their IRC rating. RYA YTC Yachts in standard configuration will be handicapped in accordance with the published Port List available online.

General Information

2.0 THE START

2.1 The start line for all classes except B & C will be from the FSC Club line.

2.2 The start line for Class B & C be between a Committee Boat moored in the inner harbour and a mark carrying a F.S.C. burgee. **See Supplementary Race Instructions for B & C Classes.**

2.3 RRS26 will be modified for all classes. Signals will be made on VHF Channel 72 by the Race Officer.

2.4 R Class - the Mirrors will also have their own Sailing Instructions.

3.0 RECALLS

3.1 **Individual recalls:** Individual boats over the line will be notified by the Race Officer on VHF Channel 72.

3.2 **General recall:** General Recalls will be announced by the Race Officer on Channel 72. Should more than one Class be recalled they will be restarted in their original order at five-minute intervals.

4.0 RACE AREA

4.1 The racing area will be the Inner Harbour, Carrick Roads and Falmouth Bay.

5.0 COURSES

5.1 Courses will be given by VHF radio on Channel 72.

5.2 Courses will be selected from Appendix A below..

5.3 **Individual Marks.** See Table 1 below for buoy identification and abbreviation.

5.4 The gate will be the last mark of every course in Appendix A. Boats should pass through the gate from east to west on all occasions.

5.5 **Turning Mark** If two rounds are to be sailed, the Turning Mark will be the gate.

5.6 More than one course may be given in succession for a class. The last mark of the first course shall be the Gate, followed by the first mark of the second course.

6.0 SIGNALS MADE ASHORE

6.1 **Cancellation or Abandonment.** FLAG “N” over FLAG “A” will be flown at FLUSHING SAILING CLUB. FLAG “N” over FLAG “A” over a Class flag: Racing is canceled for this Class/Classes.

6.2 **Shortening of Courses.** In all cases the shortening of courses will be denoted by TWO Sound signals in quick succession and an announcement by the Race Officer on VHF Chanel 72.

7.0 OBSTRUCTIONS

7.1 **St. Mawes Cardinal Buoy (Lugo Rock)** Competitors shall at all times keep to the seaward side of the buoy whilst racing.

7.2 **Mooring Areas:** Racing is prohibited in the mooring areas. Straight lines between the course side of the mooring buoys (whether a vessel is attached or not) on the outer line of both sides of the fairway are designated as continuing obstructions. **See Figure 2 for continuous obstructions in the moorings.** After their Class preparatory signal (Flag P) no boat shall sail inside the moorings.

7.3 **Commercial Shipping:** competitors shall not interfere with any commercial vessel. Competitors who interfere with commercial vessels shall be protested by the Race Committee under the RRS and maybe disqualified.

7.4 **Divers:** A 30m exclusion zone around a dive boat displaying IC Flag A, an orange pillar mark indicating a diver beneath the surface, and a diver on the surface are designated obstructions. No competitor at any time is to enter the exclusion zone.

8.0 PENALTY TURNS

8.1 A boat may take a One-Turn penalty when she has broken a rule under Part 2 of the RRS 2021-2024.

9.0 FINISH LINE

9.1 The finish line for all classes will be an imaginary line on the FSC Start/Finish Transit Line.

10.0 TIME LIMIT

10.1 No boat will be timed in after 16.30 hrs unless the Race Officer at their discretion extends the time limit. In classes where more than one round is scheduled and no boat in the Class completes the course within the time limit, the Race Officer may, at their discretion, declare a result based on the times taken at the end of the first round. R.R.S. 35 will not apply.

11.0 PROTESTS

11.1 To be lodged with the Race Committee within 1 hour of the finish of the yacht. Protest flags must be flown except Class R.

12 RADIO COMMUNICATION

12.1 Supplementary race signals may be made by the Race Officer by VHF radio on Channel 72, failure to do so will not be grounds for protest.

12.2 Except in an emergency, a boat that is racing shall not make voice or data transmissions.

13.0 INSURANCE

13.1 **Each participating boat shall be insured with valid third-party liability insurance with a minimum cover £3million per incident or the equivalent.**

DISCLAIMER

Competitors participate in the Regatta entirely at their own risk. See RRS3, Decision to Race. The Organising Authority will not accept any liability for material damage or personal liability, injury or death sustained in conjunction with or prior to, during, or after the Regatta.

SUPPLEMENTARY RACE INSTRUCTIONS FOR “B & C” CLASSES

Flushing Village Regatta starting instructions will apply except for starts from a Committee Boat. All announcements will be made on VHF Channel 72

START SEQUENCE

Warning

Preparatory

Start

All at 5 minute intervals.

COMMITTEE BOAT will be in the vicinity of Deep Venture Buoy and will fly a Club Burgee.

STARTING LINE: The starting line will be a transit between the spar flying a Club Burgee on the Committee Boat and a distance mark with a black burgee with a yellow V

COURSES will be announced on VHF Channel 72

Turning Mark – is the Gate as defined in the Sailing Instructions

Supplementary Instructions for R Class Mirrors

There will be no entry fee for the Mirrors

Prizes will be awarded to the first three boats if six or more Mirrors enter

ADDITIONAL INFORMATION FOR ALL COMPETITORS

ENTRY FEE All boats must pay an entry fee of £10

LATE ENTRY A late entry boat will be in the vicinity of the Start (Call sign – Flushing Late Entry Boat, Channel 37).

LAUNCH The Club Launch (Call sign–Flushing Launch) will be run and can be hailed on Radio Channel 37.

PRIZE GIVING At Flushing Sailing Club as soon as possible after the racing, where competitors will be very welcome and a traditional cakey tea will be provided for a small charge. The Bar will be open from 15.00 hrs.

Two rounds unless shortened

INNER HARBOUR CLUBHOUSE STARTS including Saturday B Class
Two rounds unless altered by FSC Rule 14
Finish on Club transit line (unless shortened)

									Distance (1 round)
South East (Group 4)									
S32	CAP	Gate							3.6
S33	Gp	Gate							2.8
S34	Gp	CCp	Gate						3.6
S35	CAP	Vp	Gate						4.2
S36	Gp	Vp	TP	Gp	Wp	Gate			5.5
S37	CNP	SNp	Gate						4.5
S38	CNP	NBp	Gate						5.6
S39	CNP	Wp	TP	CAP	Vp	Gate			7.3
S40	Zs	Gate							5.6
S41	CNP	TP	CNP	WNp	Gate				7.3
S42	CNP	TP	CNP	TP	CNP	WNp	Gate		10.3
S43	Gp	PWs	Wp	CKs	Js	Gate			9.0
S44	Zs	Ms	Gate						8.2
South (Group 5)									
S45	Ts	Gs	Gate						2.8
S46	Vs	Gs	Gate						3.6
S47	Vs	BRs	Gate						4.7
S48	Ws	BRs	Gate						4.4
S49	Js	CAs	Gate						5.1
S50	PWs	BRs	Gate						5.4
S51	NBs	Gs	Ts	Vs	Ps	Gate			7.1
S52	Js	Ws	Ts	Vs	Gs	Gate			6.3
S53	CCs	HDp	SNs	BRs	Gate				6.4
S54	Ws	CNs	Zs	Gate					5.9
S55	Js.	BRs	Ss	PBs.	WTs	NBs	Js	Gate	9.2
Southwest (Group 6)									
S56	Vp	Gate							2.6
S57	WTp	Sp	Gate						3.2
S58	Jp	Gate							3.8
S59	Ws	Gs	Sp	Gate					4.1
S60	WTp	Vp	Ws	Gs	Jp	Gate			4.8
S61	WTp	NBp	Sp	WTp	Jp	Gate			5.1
S62	CCp	Jp	TP	CCp	NBp	Gate			5.8
S63	Jp	TP	Jp	Gate					6.1
S64	Jp	TP	SNs	Gs	Vp	Gate			6.6
S65	STs	BRs	NBp	Gate					7.0
S66	CAs	GYs	Jp	Gate					7.8

INNER HARBOUR CLUBHOUSE STARTS including Saturday B Class

Two rounds unless altered by FSC Rule 14

Finish on Club transit line (unless shortened)

West (Group 7)

									Distance (1 round)
S67	WNp	Gate							2.8
S68	Vs	Ws	Gate						3.3
S69	CAs	Gs	WNp	Gate					4.4
S70	Jp	NBp	CCs	Gate					4.5
S71	STs	CAs	Gs	Vs	Ws	Gate			6.4
S72	STs	CAs	Gs	WNp		Gate			5.3
S73	Ws	Ts	Vs	STs	CAs	Gs	WNp	Gate	7.3
S74	CNs	GYs	Jp	Gate					8.3
S75	CNs	Ms	Jp	Gate					10.5
S76	CNs	Ps	SNp	Gate					5.0
S77	Zs	Ms	WNp	Gate					9.7
S78	STs	CAs	SPs	Gate					5.6
S79	STs	BRs	Sp	Gate					6.2
S80	STs	GYs	Sp	Gate					8.2

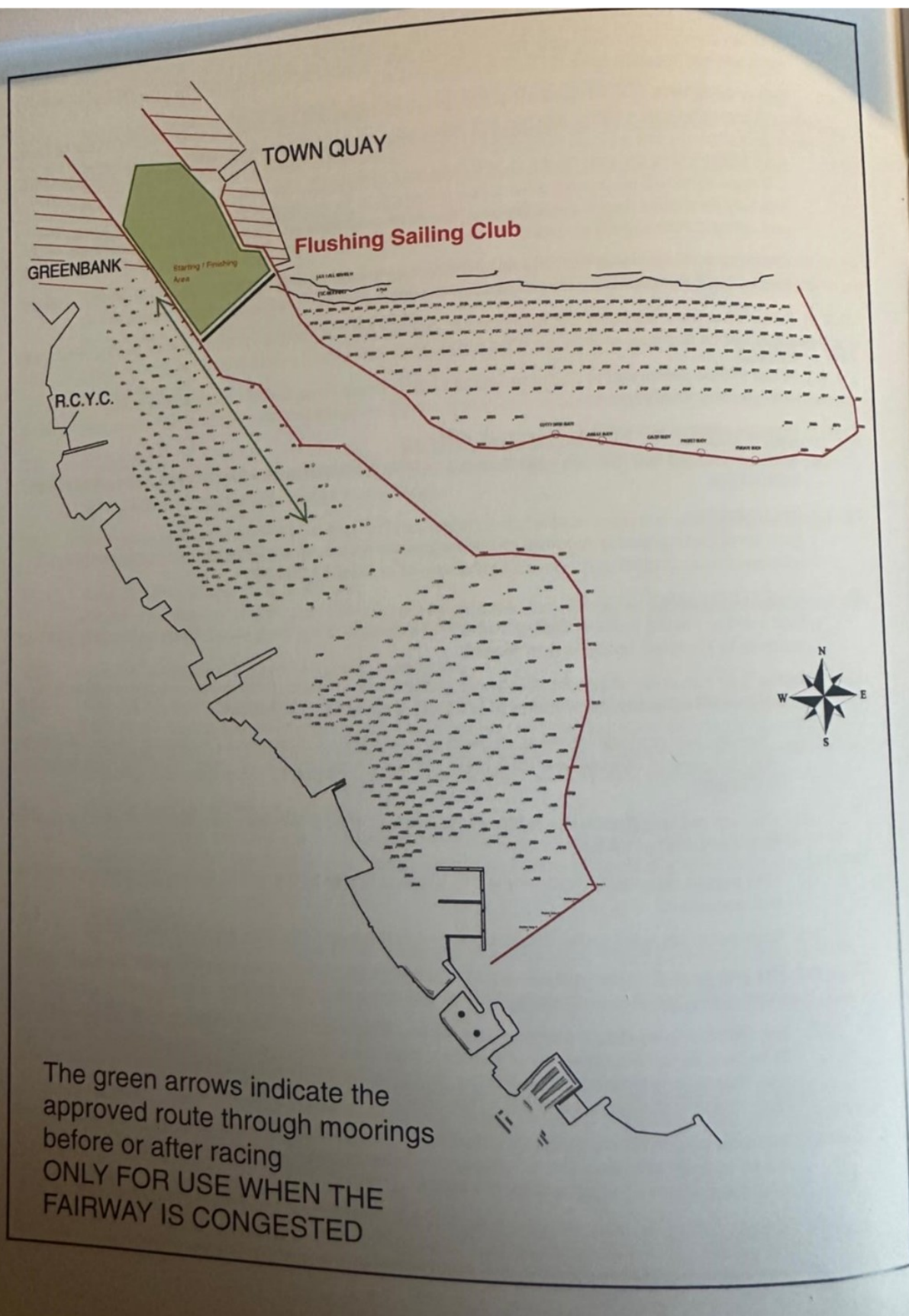
Northwest (Group 8)

S81	Gs	Gate							2.6
S82	Vs	Gs	Gate						3.6
S83	BRs	Gate							3.8
S84	Vs	CNs	Gate						5.0
S85	Js	CNs	Gate						5.8
S86	CNs	BRs	Ts	CAs	Gate				6.7
S87	WNs	CNs	Ts	WNs	CAs	Gate			6.7
S88	Ws	CNs	Ts	CNs	Gate				7.6
S89	Zs	Gate							5.6
S90	CNs	Gate							4.3
S91	WNs	Gs	Ts	WNs	Gs	Gate			4.7
S92	SNs	CAs	Ts	SNs	CAs	Gate			6.0
S93	Zs	GYs	CAs	Gate					8.2

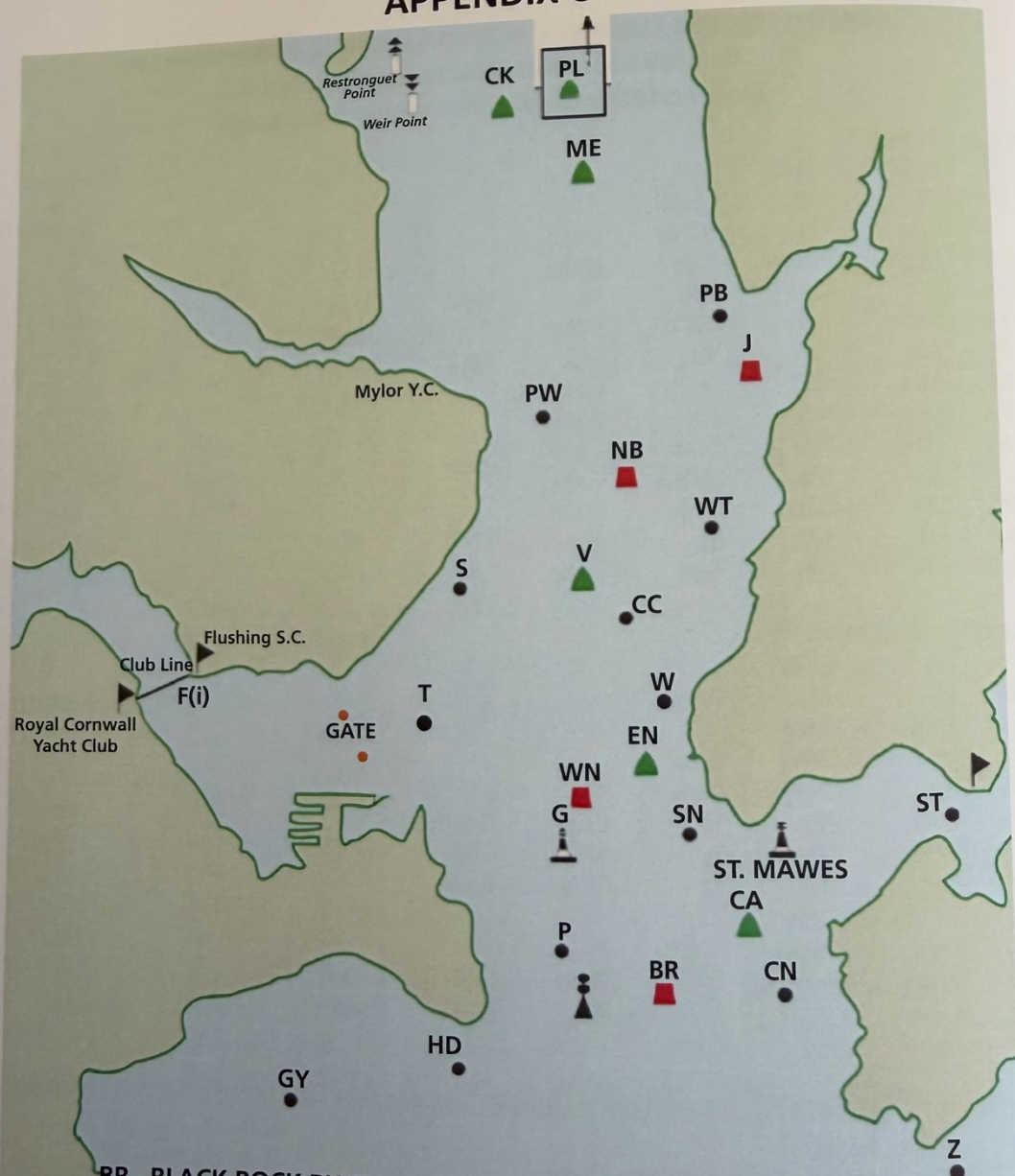
GROUP 9 ALL STARTS : FOR USE WHEN CONSTRAINED BY COMMERCIAL SHIPPING

S94	MEs	Gate						5.0	N.NW.NE
S95	MEs	Js	MEs	Js	Gate			7.2	N.NW.NE
S96	Wp	MEs	Js	Gate				6.0	S.SE
S97	Wp	MEs	Js	NBs	MEs	NBs	Gate	7.9	S,SE
S98	Js	Gate						3.8	S.SW
S99	NBp	MEs	CCs	Gate				5.7	S.SW
S100	Js	Ws	Gate					4.3	E
S101	Js	Ws	Js	Ws	Gate			5.9	E
S102	PWs	Js	Ws	Js	Ws	Gate		6.1	Low water Messack
S103	PWs	Js	Ws	Gate				4.4	Low water Messack
S104	Ws	Ts	Ws	Gate				4.5	E
S105	Ws	Ts	Ws	Ts	Ws	Gate		6.0	E
S106	Js	Ts	Js	Ts	Js	Gate		8.4	E.N
S107	PBs	Vs	Ps	Gate				8.7	N.S
S108	PBs	Gate						7.0	N.S
S109	WNs	PWs	Js	Gate				5.2	NW.SW.W.E
S110	Ts	PWs	Ws	Gate				5.3	NW.SW.W.E

Appendix B



APPENDIX C



- BR BLACK ROCK BUOY
- CA CASTLE
- CC CREAM CORNWALL
- CK CARRICK
- CN SKB SAILS
- F FINISH
- G GOVERNOR
- GY PENRYN DENTAL PRACTICE
- J ST JUST
- M SOUTHWEST VENTILATION
- ME MESSACK
- N GWEK CLASSIC BOATYARD
- NB NORTH BANK
- PB SUNFLOWER ACCOUNTS

- P SUPER YACHT SERVICES LTD
- PW MYLOR YACHT HARBOUR
- PL PILL
- R HEATHER & LAY
- S MYLOR YACHT HARBOUR
- ST ST MAWES SC T FLAG
- SN TAKE A TURN YACHTING
- T PENROSE SAILMAKERS
- V VILT
- W MYLOR CHANDLERY & RIGGING
- WN WEST NARROWS
- WT ANCASTA INTERNATIONAL BOAT SALES
- Z FALMOUTH BOAT CO
- HD FALMOUTH SCHOOL OF SAILING